



Vegreville Aquatic & Fitness Centre
 4509 - 48 Street | PO Box 640
 Vegreville, Alberta T9C 1R7
 T: 780-632-6403 | F: 780-632-7759
www.vegreville.com

RED CROSS SWIM LESSONS Fall/Winter/Spring 2018-2019

*** A 1 year pass to the Aquatic and Fitness Center entitles you to receive swim lessons at a discounted rate.**

October 9 to 25, 2018 (Tuesday and Thursday) 6 Classes

Course #				
3400	Sea Turtle	5:50 to 6:30 p.m.	Reg. \$34	Pass \$31
3401	Sea Otter	4:10 to 4:50 p.m.	Reg. \$34	Pass \$31
3402	Salamander	4:10 to 4:50 p.m.	Reg. \$34	Pass \$31
3403	Sunfish	5:30 to 6:10 p.m.	Reg. \$34	Pass \$31
3404	Swim Kids 1	5:10 to 5:50 p.m.	Reg. \$34	Pass \$31
3405	Swim Kids 2	5:10 to 5:50 p.m.	Reg. \$34	Pass \$31
3406	Swim Kids 3	4:50 to 5:30 p.m.	Reg. \$34	Pass \$31
3407	Swim Kids 4	4:50 to 5:30 p.m.	Reg. \$34	Pass \$31
3408	Swim Kids 5	4:10 to 5:10 p.m.	Reg. \$40	Pass \$37
3409	Swim Kids 6	4:10 to 5:10 p.m.	Reg. \$40	Pass \$37

November 20 to December 6, 2018 (Tuesday and Thursday) 6 Classes

3410	Sea Turtle	4:00 to 4:40 p.m.	Reg. \$34	Pass \$31
3411	Sea Otter	4:40 to 5:20 p.m.	Reg. \$34	Pass \$31
3412	Salamander	4:40 to 5:20 p.m.	Reg. \$34	Pass \$31
3413	Sun Fish	5:20 to 6:00 p.m.	Reg. \$34	Pass \$31
3414	Swim Kids 1	5:40 to 6:20 p.m.	Reg. \$34	Pass \$31
3415	Swim Kids 2	5:40 to 6:20 p.m.	Reg. \$34	Pass \$31
3416	Swim Kids 3	4:00 to 4:40 p.m.	Reg. \$34	Pass \$31
3417	Swim Kids 4	4:00 to 4:40 p.m.	Reg. \$34	Pass \$31
3418	Swim Kids 5	4:40 to 5:40 p.m.	Reg. \$40	Pass \$37
3419	Swim Kids 6	4:40 to 5:40 p.m.	Reg. \$40	Pass \$37
3420	Swim Kids 7	5:15 to 6:15 p.m.	Reg. \$40	Pass \$37
3421	Swim Kids 8	5:15 to 6:15 p.m.	Reg. \$40	Pass \$37
3422	Swim Kids 9	5:15 to 6:15 p.m.	Reg. \$40	Pass \$37



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**February 19 to March 7, 2019
 (Tuesday and Thursday) 6 Classes**

Course #

3423	Sea Turtle	4:20 to 5:00 p.m.	Reg. \$34	Pass \$31
3424	Sea Otter	5:50 to 6:30 p.m.	Reg. \$34	Pass \$31
3425	Salamander	5:50 to 6:30 p.m.	Reg. \$34	Pass \$31
3426	Sunfish	5:40 to 6:20 p.m.	Reg. \$34	Pass \$31
3427	Swim Kids 1	5:10 to 5:50 p.m.	Reg. \$34	Pass \$31
3428	Swim Kids 2	5:10 to 5:50 p.m.	Reg. \$34	Pass \$31
3429	Swim Kids 3	5:00 to 5:40 p.m.	Reg. \$34	Pass \$31
3430	Swim Kids 4	5:00 to 5:40 p.m.	Reg. \$34	Pass \$31
3431	Swim Kids 5	4:00 to 5:00 p.m.	Reg. \$40	Pass \$37
3432	Swim Kids 6	4:00 to 5:00 p.m.	Reg. \$40	Pass \$37

**April 9 to 25, 2019
 (Tuesday and Thursday) 6 Classes**

3433	Sea Turtle	4:20 to 5:00 p.m.	Reg. \$34	Pass \$31
3434	Sea Otter	5:20 to 6:00 p.m.	Reg. \$34	Pass \$31
3435	Salamander	5:20 to 6:00 p.m.	Reg. \$34	Pass \$31
3436	Sunfish	4:00 to 4:40 p.m.	Reg. \$34	Pass \$31
3437	Crocodile	4:00 to 4:40 p.m.	Reg. \$34	Pass \$31
3438	Swim Kids 1	5:40 to 6:20 p.m.	Reg. \$34	Pass \$31
3439	Swim Kids 2	5:40 to 6:20 p.m.	Reg. \$34	Pass \$31
3440	Swim Kids 3	4:40 to 5:20 p.m.	Reg. \$34	Pass \$31
3441	Swim Kids 4	4:40 to 5:20 p.m.	Reg. \$34	Pass \$31
3442	Swim Kids 5	5:00 to 6:00 p.m.	Reg. \$40	Pass \$37
3443	Swim Kids 6	5:00 to 6:00 p.m.	Reg. \$40	Pass \$37
3444	Swim Kids 7	4:00 to 5:00 p.m.	Reg. \$40	Pass \$37
3445	Swim Kids 8	4:00 to 5:00 p.m.	Reg. \$40	Pass \$37
3446	Swim Kids 9	4:00 to 5:00 p.m.	Reg. \$40	Pass \$37



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PRIVATE SWIM LESSONS

Achieve a breakthrough in your swimming or water confidence with private instruction tailored to fit your needs. Choose a private lesson if you want to:

- *conquer your fear of water**
- *feel comfortable in the deep-end**
- *achieve a personal best in competition**
- *get focused one-on-one attention**

**-Cost is \$25 / 1/2 hour/child
-Minimum of 3 classes**

For adult or private lessons, please inquire at the front desk 780-632-6403

**BRONZE MEDALLION AND CROSS
November 12-16 2018 (Fall Break)
Monday to Friday 9-5pm**

**POOL THYME RHYME
FRIDAYS 10:00 A.M. TO 11:30 A.M.
(6 MONTHS TO 6 YEARS OLD)**

This is a fun, educational and energetic class for preschoolers and parents. Each week has a different theme with the intent of teaching something new, as well as reviewing basic pre-school concepts. One hour spent in the dance studio doing a variety of different activities helps learn about our weekly theme. These activities can include singing, imitating movement, playing games and doing crafts. We enjoy a snack together during story time and spend the last half hour in the pool getting more comfortable in the water.

Course #

3450

**May 10 to June 14, 2018 (5 classes)
(No Class May 17)**

Cost: \$25

Please ensure you bring a snack for your child



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Why take a Lifesaving course?



Drowning statistics show that people are still making poor choices when around the water. As a lifesaver, you can make a difference. Not only could you save a life, but you could help others be safe in, on and around the water

Bronze Medallion and Bronze Cross are the first steps to becoming lifeguards. This class is being ran as a combined course, however, it is not required that students take both Medallion and Cross at the same time. Students must have completed Swim Kids level 8, and be 13 years old. If only registering for Bronze Cross, students must have completed Bronze Medallion, and be 14 years old.

****Please register by Friday, November 2, 2018**

Course

3447	Bronze Medallion	Cost: \$275
3448	Bronze Cross	Cost: \$240
3449	Both Courses	Cost: \$495 (\$20.00 savings)